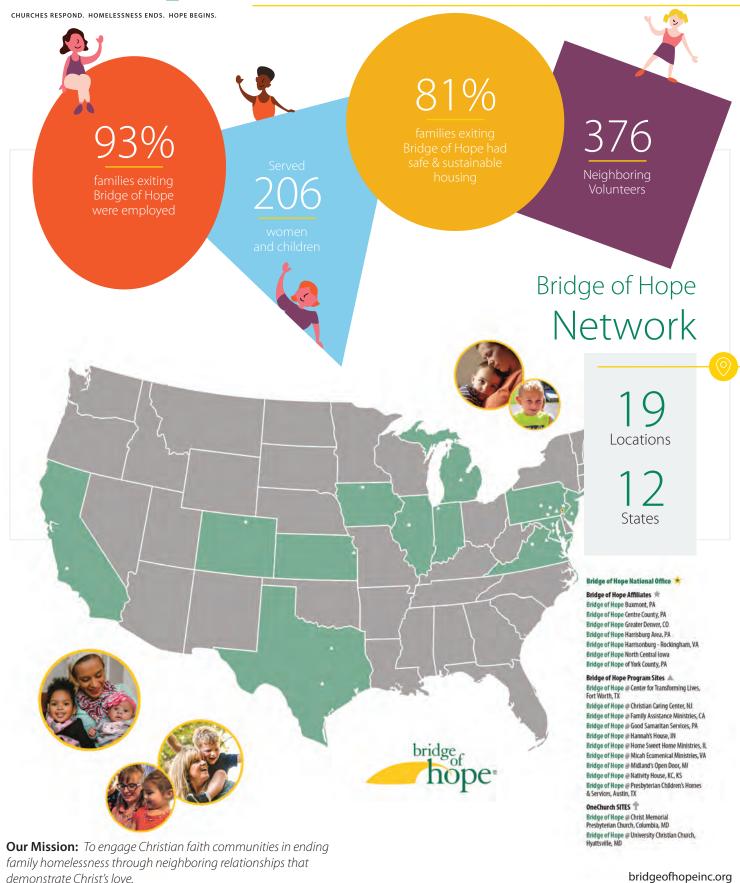
# bridge of hope of hope

#### Network Program

### Annual Report 2018-19





## Janet's Story

When Janet, 29, joined the Bridge of Hope Centre County Neighborhood of Support a year ago, she and her three boys (now 7, 4 and 3) were living in a shelter. An attempt to reconnect with the youngest child's father—"to help me and my kids stay afloat," she explained—had failed. Her relationship with her family was rocky. And her job at a daycare simply didn't pay enough.

"I pretty much only had one or two people I talked to on a daily basis. Everybody else wasn't positive," she said. "They kept telling me I was going to fail, that I couldn't do it."

Janet felt alone and judged in her small Pennsylvania town. But that changed when her 12 Neighboring Volunteers entered her life. The group helped her find housing, assisted her with budgeting, and stepped in and relieved some other pressures, too.



## Whole Family Case Management



Bridge of Hope's Whole Family Case Management is family-centered, strengths-based, trauma-informed and embodies a spirit of cultural humility. It includes comprehensive assessment for every family members, including screenings for special concerns as desired; giving families the lead in identifying goals.

Children are deeply impacted by the trauma of homelessness. Frequent moves and the insecurity of not knowing where you'll sleep at night can impact brain development, educational attainment, physical health and more. Whole Family Case Management ensures that children experience healing for their own trauma.

Average age of child in Bridge of Hope this past year

Average number of children per famil

#### Ages of children served

28% under 4 years old

54% 5-12 years old

14%

4% 18+ years old

#### Families goal setting

Families are encouraged to work toward at least two goals to enhance family resilience and well-being. These might include physical, emotional, developmental, spiritual growth and parenting. Goals may be as simple as having family game nights or as complex as supporting a child with a disability. 100% of families who set two or more goals for building family resilience and well-being achieved those goals.

