

Keeping Hope

BRIDGE OF HOPE 2020
A Virtual Conference Alternative
THURSDAY, OCTOBER 8: 11:00-4:00 EST VIA ZOOM

*A day just for you – for spiritual
renewal and celebration*

WITH SPECIAL GUEST

Author and Ordained Minister

APRIL YAMASAKI



Guided by her book, **Four Gifts: Seeking Self-care for Heart, Soul, Mind, and Strength**, learn why nurturing ourselves and cultivating spiritual practices in difficult times better prepares us to help others.



Register by **September 4** to receive a free copy of April's book and other special surprises!

BREATHE

A Time of Self-Care and Nurturing

CONNECT

Breakout Discussions and Networking Time

CELEBRATE

Recognizing Your Work and Giving Thanks to God

NO COST TO YOU

Free Registration
Lunch provided if registered by September 4

For more information and to register: bridgeofhopeinc.org/about/annual-conference